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**Adaptive Cycling Roundtable Gathers  
Alternative Bicycling Leaders at Recumbent Cycle-Con 2011**

**Pomona, CA, August 24, 2011** - On October 23, 2011, leaders and representatives of the alternative cycling community will gather at the [Adaptive Cycling Roundtable](#) during the [First Annual Recumbent Cycle-Con Convention and Trade Show](#) (RC-C) in Pomona, California to discuss the needs of cyclists with special needs. Special needs vary, such as developmentally or physically challenged cyclists, veterans and the elderly. Dealers and consumers are invited to attend and participate in this unique informational brainstorming session.

Roundtable participants were selected based on their knowledge, experience and ability to discuss: alternative cycling equipment and accessories; how to obtain funding to purchase adaptive bikes as therapeutic equipment; the benefits of cycling for special needs riders; and the possible need to create a national adaptive cycling association. The roundtable will include one moderator and four panelists:

- **Robert Matter**, Board Member of Assisted Cycling Tours ([assistedcyclingtours.org](http://assistedcyclingtours.org)) will serve as the moderator of the Adaptive Cycling Roundtable. Assisted Cycling Tours is a non-profit organization whose goal is to open the world of cycling to people with developmental and/or physical disabilities. Matter assists in the coordination of clinics, trainings and trips and shows families how to create excursions of one or more days, allowing families of people with disabilities the opportunity to experience activities together. Matter participates in many of the organization's rides with his son who has autism.
- **J. Joseph Copeland** is the Executive Director of National AMBUCS™, Inc. ([ambucls.org](http://ambucls.org)), a non-profit organization dedicated to creating mobility and independence for people with disabilities. Over 125 chapters in 25 states provide AmTryke therapeutic trikes to individuals who are unable to operate a traditional bike. A sampling of AmTryke trikes will be on display at RC-C booth 1029.
- **Matt Hampton** is the recently appointed Executive Director of Lose The Training Wheels™ (LTTW) ([losethetrainingwheels.org](http://losethetrainingwheels.org)), a non-profit organization whose mission is to teach individuals with disabilities to ride a conventional two wheel bicycle and become lifelong independent riders. This achievement creates a gateway of opportunity, helping them gain assurance and self-reliance in many other aspects of their lives. In 2006, Hampton became involved with LTTW when he organized the first LTTW camp in Wichita, Kansas where his son learned to ride a bike at the age of 12.
- **Pamela Patterson's** motto is, "You never know until you try." With 25 years of experience in health, fitness, sports, recreation, and therapy she has dedicated her career to providing opportunities for people with challenged abilities. She helps them in not only trying, but in achieving, their dreams. Patterson has been an Adapted Kinesiology Instructor at Saddleback College ([saddleback.edu/dsps/pe](http://saddleback.edu/dsps/pe)) for over six years where she is also the Camp Director of the annual Junior Athletic Wheelchair Sports/Just Adapted Water Sports (J.A.W.S., [saddleback.edu/DSPS/JAWS/index.html](http://saddleback.edu/DSPS/JAWS/index.html)). Patterson is also the Program Director of the International Coalition for the Advancement of Neurology Foundation (I.C.A.N. Foundation, [icantoo.org](http://icantoo.org)).
- **Denise Lanier** is a writer and the blog author of "Wonky Woman on a Bent Trike" ([wonkybent.wordpress.com/2011/06/06/389/](http://wonkybent.wordpress.com/2011/06/06/389/)). Lanier is a recumbent trike cyclist and activist. She is the first person to participate in and complete the New York marathon on a recumbent trike. Lanier



will provide insight to the roundtable by describing how her life has been transformed as she has used a recumbent tricycle to overcome the physical challenges she faces due to Multiple Sclerosis.

Shelley L. Patterson, Director of Marketing & Business Development at Buddy Bike, LLC ([buddybike.com](http://buddybike.com)), and the coordinator of the roundtable says "We are receiving positive comments and support from individuals and organizations such as The Challenged Athletes Foundation ([challengedathletes.org](http://challengedathletes.org)) regarding the need for attention to these adaptive cycling topics." Patterson feels that by bringing this event to a cycling venue such as RC-C, she will have the opportunity to educate bicycle industry professionals about the adaptive cycling market and the desire of these cyclists to be treated with respect while being provided with quality bikes and services.

RC-C attendees are invited to visit Adaptive Cycling Booth 1013 to socialize with the roundtable participants and to receive information about adaptive cycling. Booth visitors may also obtain a copy of "That's My Hope," a book designed to foster understanding and communication among children and adults about disabilities, trauma, illness -- and hope. Books were donated by Our Heroes' Tree ([ourheroestree.com](http://ourheroestree.com)) and proceeds from book sales will support the adaptive cycling organizations participating in this roundtable.

For more Adaptive Cycling Roundtable information visit [buddybike.com/AdaptiveCyclingRoundtable.html](http://buddybike.com/AdaptiveCyclingRoundtable.html).

#### **About Buddy Bike®**

Buddy Bike, LLC is the manufacturer of an alternative inline tandem bicycle that places the stoker in front. They provide a quality product that will encourage more families to bicycle while providing courteous and timely service to their customers. The majority of Buddy Bike customers are families with special needs children who are seeking adaptive and therapeutic cycling solutions. For more information on bike models, pricing and dealers visit [buddybike.com](http://buddybike.com) or call 786.489.BIKE (2453).

#### **About Recumbent Cycle-Con**

The first annual Recumbent Cycle-Con Convention and Trade Show will be held on October 21-23, 2011 at the [Pomona Fairplex](http://PomonaFairplex.com), 1101 West McKinley Avenue, Pomona, CA 91768. The Fairplex is located about 30 miles east of downtown Los Angeles and 13 miles west of Ontario International Airport. This event is being produced by San Dimas, California-based Recumbent & Tandem Rider Magazine ([rtrmag.com](http://rtrmag.com)) – now in its tenth year of publication. Recumbent Cycle-Con will include informative seminars, workshops and roundtables, as well as the opportunity to test-ride a wide variety of recumbents and alternative bikes. The Industry-Only days, October 21st and 22nd, will provide a unique opportunity for recumbent, alternative and accessory manufacturers, dealers and distributors to convene and interact. Sunday, October 23rd, will be open to the general public. To register visit [recumbentcyclecon.com](http://recumbentcyclecon.com) or call 800-351-2738.

